

Math 1232: Single-Variable Calculus 2
George Washington University Spring 2026
Recitation 5

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Problem 1. Compute $\int \sin^6(x) dx$.

Solution: By the double angle formula, we have

$$\begin{aligned}\int \sin^6(x) dx &= \int \left(\frac{1 - \cos(2x)}{2} \right)^3 dx \\ &= \frac{1}{8} \int (1 - \cos(2x))^3 dx \\ &= \frac{1}{8} \int 1 - 3 \cos(2x) + 3 \cos^2(2x) - \cos^3(2x) dx \\ &= \frac{1}{8} \int 1 - 3 \cos(2x) + 3 \frac{1 + \cos(4x)}{2} - (1 - \sin^2(2x)) \cos(2x) dx \\ &= \frac{1}{8} \int 1 - 3 \cos(2x) + \frac{3}{2} + \frac{3}{2} \cos(4x) - \cos(2x) + \sin^2(2x) \cos(2x) dx \\ &= \frac{1}{8} \int \frac{5}{2} - 4 \cos(2x) + \frac{3}{2} \cos(4x) + \sin^2(2x) \cos(2x) dx \\ &= \frac{1}{8} \left(\frac{5x}{2} - 2 \sin(2x) + \frac{3}{8} \sin(4x) + \frac{1}{6} \sin^3(2x) \right) + C.\end{aligned}$$

Problem 2. Compute $\int \sec^6(x) \tan^5(x) dx$ with two different approaches. Do you get the same answer either way?

Solution: One option is to reduce until we have two secant terms. Then we can set $u = \tan(x)$ and $du = \sec^2(x) dx$. We compute

$$\begin{aligned} \int \sec^6(x) \tan^5(x) dx &= \int \sec^2(x)(1 + \tan^2(x))^2 \tan^5(x) dx \\ &= \int \sec^2(x) \tan^5(x) + 2 \sec^2(x) \tan^7(x) + \sec^2(x) \tan^9(x) dx \\ &= \int u^5 + 2u^7 + u^9 du = \frac{1}{6}u^6 + \frac{1}{4}u^8 + \frac{1}{10}u^{10} + C \\ &= \frac{1}{6} \tan^6(x) + \frac{1}{4} \tan^8(x) + \frac{1}{10} \tan^{10}(x) + C. \end{aligned}$$

Alternatively, we could reduce until we have one tangent term, so we can set $u = \sec(x)$ and $du = \sec(x) \tan(x) dx$. We compute

$$\begin{aligned} \int \sec^6(x) \tan^5(x) dx &= \int \sec^6(x) \tan(x)(\sec^2(x) - 1)^2 dx \\ &= \int \sec^{10}(x) \tan(x) - 2 \sec^8(x) \tan(x) + \sec^6(x) \tan(x) dx \\ &= \int u^9 - 2u^7 + u^5 du = \frac{1}{10}u^{10} - \frac{1}{4}u^8 + \frac{1}{6}u^6 + C \\ &= \frac{1}{10} \sec^{10}(x) - \frac{1}{4} \sec^8(x) + \frac{1}{6} \sec^6(x) + C. \end{aligned}$$

These don't *look* the same, and they aren't—quite. They differ by $\frac{1}{60}$, but that's just a constant, so they are the same with the plus C . They're related by the identity that $\tan^2(x) + 1 = \sec^2(x)$, which is the identity we used to get these in the first place.

Problem 3 (Bonus). Do one of the following two integrals. Explain why you don't want to do the other one.

(a) $\int \tan^2(x) \sec^3(x) dx$

(b) $\int \tan^3(x) \sec^3(x) dx.$

Solution: The second one is pretty straightforward. We can compute

$$\begin{aligned} \int \tan^3(x) \sec^3(x) dx &= \int \tan(x) \sec^5(x) - \tan(x) \sec^3(x) dx \\ &= \frac{1}{5} \sec^5(x) - \frac{1}{3} \sec^3(x) + C. \end{aligned}$$

The first one, on the other hand, is extremely painful. You can't get it to a form with a useful u substitution, and will have to use integration by parts and other painful work. The

answer turns out to be

$$\int \tan^2(x) \sec^3(x) dx = \frac{1}{32} \left(4 \ln(\cos(x/2) - \sin(x/2)) - 4 \ln(\cos(x/2) + \sin(x/2)) - \sec^4(x) \sin(3x) + 7 \sec^3(x) \tan(x) \right).$$

Problem 4. Consider the integral $\int \frac{dx}{\sqrt{4x^2 - 1}}$.

- Which trig function would let us simplify that square root, and what identity are we using?
- What trigonometric substitution should we use here?
- Compute the antiderivative.
- Make sure to substitute your x back into the equation!

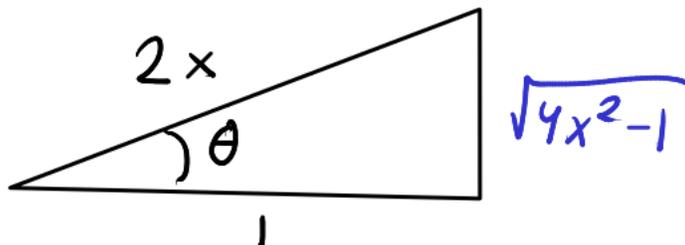
Solution:

- We want to use a $\sec(\theta)$ form, because we can use the identity that $\sec^2(\theta) - 1 = \tan^2(\theta)$.
- Set $2x = \sec(\theta)$, so that $x = \frac{1}{2} \sec(\theta)$. Then $dx = \frac{1}{2} \sec(\theta) \tan(\theta) d\theta$.
- We have

$$\begin{aligned} \int \frac{dx}{\sqrt{4x^2 - 1}} &= \int \frac{\frac{1}{2} \sec \theta \tan \theta d\theta}{\sqrt{\sec^2 \theta - 1}} \\ &= \frac{1}{2} \int \frac{\sec \theta \tan \theta d\theta}{\sqrt{\tan^2 \theta}} \\ &= \frac{1}{2} \int \sec \theta d\theta = \frac{1}{2} \ln |\sec \theta + \tan \theta| + C. \end{aligned}$$

- We know that $\sec \theta = 2x$ by our definition of θ . To find $\tan \theta$ we draw a triangle: angle θ has hypotenuse $2x$ and adjacent side 1, and thus opposite side $\sqrt{4x^2 - 1}$, so $\tan \theta = \sqrt{4x^2 - 1}$. Thus

$$\int \frac{dx}{\sqrt{4x^2 - 1}} dx = \ln |x + \sqrt{4x^2 - 1}/2| + C.$$



Problem 5. We want to find $\int \frac{x^5 + x - 1}{x^3 + 1} dx$.

- (a) What's the first tool we need to apply here? (Hint: not partial fractions!)
- (b) Once we get it in a more manageable form, things should simplify out nicely. What is the final integral?

Solution:

- (a) Because the numerator is higher degree than the denominator, we need to start with a polynomial long division. We get

$$\frac{x^5 + x - 1}{x^3 + 1} = x^2 - \frac{x^2 - x + 1}{x^3 + 1} = x^2 - \frac{x^2 - x + 1}{(x + 1)(x^2 - x + 1)}.$$

- (b) We don't even need to do a partial fractions decomposition here: instead it just factors. We have

Thus

$$\begin{aligned} \int \frac{x^5 + x - 1}{x^3 + 1} dx &= \int x^2 - \frac{x^2 - x + 1}{(x + 1)(x^2 - x + 1)} dx \\ &= \int x^2 - \frac{1}{x + 1} dx = \frac{x^3}{3} - \ln|x + 1|. \end{aligned}$$

Problem 6. We've looked briefly at the integral $\int \frac{1}{1 + e^x} dx$. Let's try it again with our new tools.

- (a) Try the substitution $u = e^x$. What do you get? What tools can apply to the result?
- (b) Do a partial fractions decomposition to get the integral.

Solution:

- (a) If $u = e^x$ then $du = e^x dx$.

$$\int \frac{1}{1 + e^x} dx = \int \frac{1}{1 + e^x} \frac{du}{e^x} = \int \frac{du}{u(1 + u)}.$$

- (b) This looks like a fraction with a factorable denominator. So a partial fractions decomposition gives us

$$\begin{aligned} \frac{1}{u(1 + u)} &= \frac{A}{u} + \frac{B}{1 + u} \\ 1 &= A(1 + u) + B(u) = A + (A + B)u \end{aligned}$$

so $A = 1$ and $B = -1$.

(Alternatively, plugging in $u = 0$ gives $1 = A$, and plugging in $u = -1$ gives $1 = -B$.)

Thus

$$\begin{aligned}\int \frac{1}{1+e^x} dx &= \int \frac{du}{u(1+u)} \\ &= \int \frac{1}{u} - \frac{1}{1+u} du \\ &= \ln|u| - \ln|1+u| + C = \ln \left| \frac{e^x}{1+e^x} \right| + C.\end{aligned}$$

Problem 7 (Bonus). Let's see if we can work out the integral of secant. This isn't at all obvious!

- We want $\int \sec(x) dx = \int \frac{1}{\cos(x)} dx$. Since this is a fraction, we can multiply the top and bottom through by $\cos(x)$. This makes the expression more complicated, but it does allow us to use a trig identity. What do we get?
- Now we can do a u substitution. What u substitution seems reasonable? Does it help us at all?
- Now we can use partial fractions to finish the problem off. We wind up with an awkward answer, but an answer.
- The most common formula for the integral of $\sec(x)$ is $\ln|\sec(x) + \tan(x)| + C$. Is that the same as what you got? (Hint: use logarithm laws and multiplication by the conjugate.)

Solution:

- We get $\int \frac{\cos(x)}{\cos^2(x)} dx$. The bottom allows us to use the pythagorean identity, and now we're trying to compute $\int \frac{\cos(x)}{1-\sin^2(x)} dx$.
- The only really reasonable choice here is $u = \sin(x)$, so $du = \cos(x) dx$. Then we have

$$\int \frac{\cos(x)}{1-\sin^2(x)} dx = \int \frac{1}{1-u^2} du.$$

- We write

$$\begin{aligned}\frac{1}{1-u^2} &= \frac{A}{1-u} + \frac{B}{1+u} \\ 1 &= A(1+u) + B(1-u).\end{aligned}$$

Plugging in $u = 1$ gives us that $2B = 1$ and plugging in $u = -1$ gives us $2A = 1$, so we have

$$\begin{aligned} \int \frac{\cos(x)}{1 - \sin^2(x)} dx &= \int \frac{1}{1 - u^2} du \\ &= \frac{1}{2} \int \frac{1}{1 - u} + \frac{1}{1 + u} du \\ &= \frac{1}{2} (-\ln |1 - u| + \ln |1 + u|) + C \\ &= \frac{1}{2} (-\ln |1 - \sin(x)| + \ln |1 + \sin(x)|) + C. \end{aligned}$$

(d) It doesn't look the same, but it is!

$$\begin{aligned} \frac{1}{2} (-\ln |1 - \sin(x)| + \ln |1 + \sin(x)|) &= \frac{1}{2} \ln \left| \frac{1 + \sin(x)}{1 - \sin(x)} \right| \\ &= \frac{1}{2} \ln \left| \frac{(1 + \sin(x))^2}{1 - \sin^2(x)} \right| \\ &= \frac{1}{2} \ln \left| \frac{(1 + \sin(x))^2}{\cos^2(x)} \right| \\ &= \ln \left| \frac{1 + \sin(x)}{\cos(x)} \right| \\ &= \ln \left| \frac{1}{\cos(x)} + \frac{\sin(x)}{\cos(x)} \right| = \ln |\sec(x) + \tan(x)|. \end{aligned}$$

Problem 8 (Bonus). What if we want to find $\int \frac{x^4 + 6x^3 + 4x^2 + 8x + 11}{(x - 1)^2(2x + 1)(x^2 + 4x + 5)} dx$?

Solution: The numerator is lower degree than the denominator, so we can begin a partial fraction decomposition immediately. We set up:

$$\begin{aligned} \frac{x^4 + 6x^3 + 4x^2 + 8x + 11}{(x - 1)^2(2x + 1)(x^2 + 4x + 5)} &= \frac{A}{x - 1} + \frac{B}{(x - 1)^2} + \frac{C}{2x + 1} + \frac{Dx + E}{x^2 + 4x + 5} \\ x^4 + 6x^3 + 4x^2 + 8x + 11 &= A(x - 1)(2x + 1)(x^2 + 4x + 5) + B(2x + 1)(x^2 + 4x + 5) \\ &\quad + C(x - 1)^2(x^2 + 4x + 5) + (Dx + E)(x - 1)^2(2x + 1) \\ &= A(2x^4 + 7x^3 + 5x^2 - 9x - 5) + B(2x^3 + 9x^2 + 14x + 5) \\ &\quad + C(x^4 + 2x^3 - 2x^2 - 6x + 5) + D(2x^4 - 3x^3 + x) \\ &\quad + E(2x^3 - 3x^2 + 1) \\ &= (2A + C + 2D)x^4 + (7A + 2B + 2C - 3D + 2E)x^3 \\ &\quad + (5A + 9B - 2C - 3E)x^2 + (-9A + 14B - 6C + D)x \\ &\quad + (-5A + 5B + 5C + E) \end{aligned}$$

We get a system of equations

$$\begin{aligned}2A + C + 2D &= 1 & 7A + 2B + 2C - 3D + 2E &= 6 \\5A + 9B - 2C - 3E &= 4 & -9A + 14B - 6C + D &= 8 \\-5A + 5B + 5C + E &= 11.\end{aligned}$$

After solving this (admittedly nasty) collection of equations, we see that $A = 0$, $B = 1$, $C = 1$, $D = 0$, $E = 1$. So

$$\begin{aligned}\int \frac{x^4 + 6x^3 + 4x^2 + 8x + 11}{(x-1)^2(2x+1)(x^2+4x+5)} dx &= \int \frac{1}{(x+1)^2} + \frac{1}{2x+1} + \frac{1}{x^2+4x+5} dx \\ &= -(x+1)^{-1} + \frac{1}{2} \ln|2x+1| + \int \frac{dx}{x^2+4x+5}.\end{aligned}$$

We complete the square, and see that $x^2 + 4x + 5 = (x+2)^2 + 1$, so we use $u = x+2$ and get

$$\int \frac{dx}{x^2+4x+5} = \int \frac{du}{u^2+1} = \arctan(u) + C = \arctan(x+2) + C.$$

Thus

$$\int \frac{x^4 + 6x^3 + 4x^2 + 8x + 11}{(x-1)^2(2x+1)(x^2+4x+5)} dx = -(x+1)^{-1} + \frac{1}{2} \ln|2x+1| + \arctan(x+2) + C.$$